

The Gift of Motherhood

Ten Truths for Every Mother

BY Chérie Carter-Scott, Ph.D.

Complemented by dozens of real-life stories from mothers of all walks of life, this is destined to be a favorite for not only Mother's Day, but also for baby showers, birthdays and any occasion that calls for honoring Mom.

1. HAVING A CHILD CHANGES YOUR LIFE

Your reality is transformed the moment your child arrives.

2. MOTHERHOOD IS AN EXPERIENCE UNLIKE ANY OTHER

Becoming a mother is a profound and unique adventure.

3. A MOTHER HAS MANY ROLES

Raising a child is a multi-faceted job.

4. CHILDREN BLOSSOM WHEN YOU HONOR THEIR ESSENCE

Nurturing your child includes supporting what is unique and special about them.

5. LOVE SHOWS UPON MANY DIFFERENT FORMS

Your specific expression of love will change according to what your child needs at the time.

6. AS YOUR CHILD GROWS, SO WILL YOU

Throughout your child's life, you will be presented with opportunities to learn new lessons.

7. THERE WILL BE HIGHS AND LOWS

Amidst the challenges, there will be precious moments that make it all worth while.

8. REMEMBERING TO TAKE CARE OF YOURSELF IS ESSENTIAL

Taking care of yourself enables you to take better care of your child.

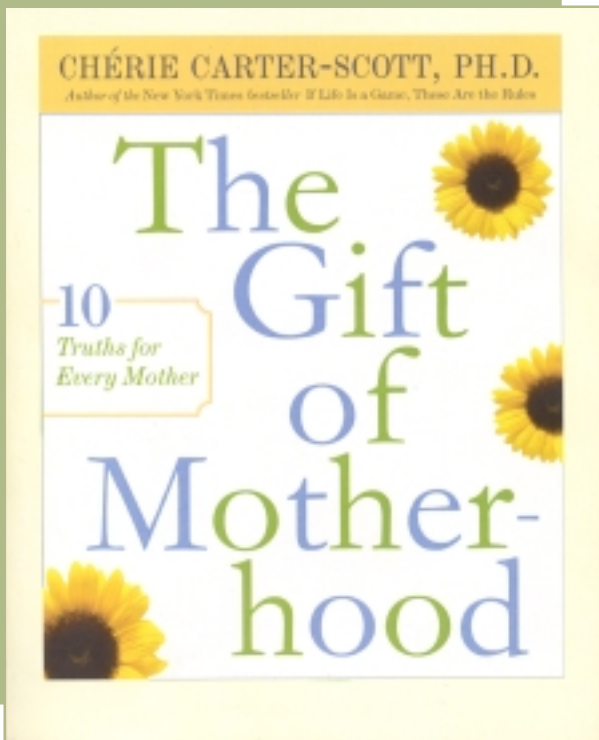
9. THERE IS NO SUCH THING AS A PERFECT MOTHER

The best you can do is your best.

10. MOTHERHOOD IS A JOURNEY THAT NEVER ENDS

Children will grow up, however, you remain a parent forever.

In Stores April, 2002!



"It's tough to be a mother, but Cherie Carter-Scott's informative book gives both practical and helpful tips on strong but fair parenting in these difficult times. I wish that I'd had it thirty years ago so that my daughter Melinda Miranda Melissa and I might have avoided some rocky patches."

-Joan Rivers

"It takes both courage and spirit to raise a child successfully in these challenging times. The Gift of Motherhood spells out exactly the joys and struggles that every mother encounters. This book is a must for every mother."

-Katherine Martin
Author of *Women of Courage* and *Women of Spirit*

"If you like *Chicken Soup for the Mother's Soul*, you'll find this book a perfect companion! The Gift of Motherhood contains simple yet profound truths that will guide and inspire mothers everywhere-truths that capture the essential wisdom all mothers need to know."

-Jennifer Read Hawthorne
Co-author of *Chicken Soup for the Mother's Soul*

New York Times #1 Best Selling author Cherie Carter-Scott, Ph.D. has been coaching change successfully for over 27 years. Her company, Motivation Management Service Institute, Inc. (MMS), has reached millions of people worldwide including many fortune 500 clients.

Cherie regularly promotes her books on national and global tours with appearances on programs, such as **Oprah, Live!, CNN, Leeza, The Other Half, The Today Show, Ananda Lewis, Iyanla, Jenny Jones, Sally Jessy Raphael, Montel, Politically Incorrect** and over 300 other television and radio talk shows.

Her **New York Times #1 Best Selling** book, *If Life is a Game, These are the Rules: Ten Rules for Being Human* was published September, 1998 in 24 countries. Her second book in the Game Rules series, *If Love is a Game, These are the Rules* was published October 1999. *If Success is a Game, These are the Rules* and *If High School is a Game, Here's How to Break the Rules* are now available in bookstores and online. She is also co-authoring *Chicken Soup for the Global Soul* with Jack Canfield and Mark Victor Hansen to be released in 2003.

Cherie other published titles include: *Negaholics: How To Overcome Negativity and Turn Your Life Around*, which has sold over 100,000 copies, *The Corporate Negaholic: How to Successfully Deal with Negative Employees, Managers and Corporations*, and two self-published books: *The New Species: The Evolution of the Human Being* and *The Inner View: A Woman's Daily Journal*.

