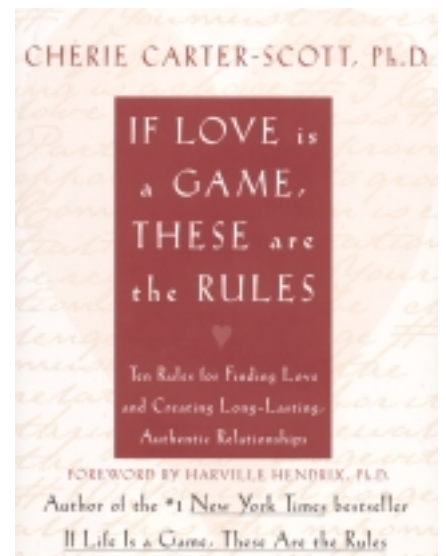


IF LOVE IS A GAME, THESE ARE THE RULES

Ten Rules for Finding Love and Creating Long-Lasting Authentic Relationships

by Cherie Carter-Scott, Ph.D.



This book shares insights into love's journey, from building intimacy and taking the risk of commitment to rekindling the faded flame.

1. YOU MUST LOVE YOURSELF FIRST

Your relationship with yourself is the template from which all your other relationships will be formed. Loving yourself is a prerequisite to creating a successful and authentic union with another.

2. PARTNERING IS A CHOICE

The choice to be in a relationship is up to you. You have the ability to attract your beloved and cause the relationship you desire to happen.

3. CREATING LOVE IS A PROCESS

Moving from "I" to "We" requires a shift in perspective and energy. Being an authentic couple is an evolution.

4. RELATIONSHIPS PROVIDE OPPORTUNITIES TO GROW

Your relationship will serve as an unofficial "Lifeshop" in which you will learn about yourself and how you can grow on your personal path.

5. COMMUNICATION IS ESSENTIAL

The open exchange of thoughts and feelings is the lifeblood of your relationship.

6. NEGOTIATION WILL BE REQUIRED

There will be times when you and your partner must work through impasses. If you do this consciously and with respect, you will learn to create win-win outcomes.

7. YOUR RELATIONSHIP WILL BE CHALLENGED BY CHANGE

Life will present turns in the road. How you maneuver those twists, turns will determine the success of your relationship.

8. YOU MUST NURTURE THE RELATIONSHIP FOR IT TO THRIVE

Treasure your beloved and your relationship will flourish.

9. RENEWAL IS THE KEY TO LONGEVITY

Happily ever after means the ability to keep the relationship fresh and vital.

10. YOU WILL FORGET ALL OF THIS THE MOMENT YOU FALL IN LOVE

You know all these rules inherently. The challenge is to remember them when you fall under the enchanting spell of love.