

Summary of Programs Licensed by The MMS Institute, Inc.

Option I Book Seminars

If Life is a Game, These are the Rules Seminar

If Love is a Game, These are the Rules Seminar

If Success is a Game, These are the Rules Seminar

If High School is a Game, Here's How to Break the Rules Seminar

The Gift of Motherhood Seminar

If Growing Older is a Game, These are the Rules Seminar

Time Options:

- One-hour lecture
- Two-hour interactive
- Four-hour experiential workshop with a timely break in the middle

Who are the ideal Licensees:

- Trainers with presentation experience
- Speakers who want course materials to present
- Coaches who want to expand their repertoire
- Therapists who want to expand their practice
- Individuals who have the talent, desire, and the sphere of influence

Cost Options:

- Depending on Country and Currency, etc.

Number of Participants:

- Up to 50 men and women

Prerequisite:

- Participants should buy the appropriate book related to the seminar either in advance or at the seminar or at the seminar signed by the author

Option II Negaholics® Seminar

Negaholics Interactive CD series

Negaholics Interactive Video series

Negaholics seminar in PowerPoint with trainer notes

Time Options:

- One-hour per module with discussion during lunch
- One day interactive seminar

Who are the ideal Licensees:

- People who want to help people overcome negativity

Who these seminars are for:

- Individuals who want to overcome and manage negativity
- Corporations who want to host “Learn at Lunch” programs for Change Management initiatives

Cost Options:

- Whatever the market will bear

Number of Participants:

- Up to 25 men and women

Can include:

- Seminar PowerPoint slides with trainer notes
- Additional Workbook for CD or Video per participant (additional fee)

Prerequisite:

Ideally participants would either read *Negaholics* (for individuals) or if for a corporate audience, *The Corporate Negaholic: How to Deal With Negative Colleagues, Managers and Corporations*

Option III MMS Personal Development Courses

- MMS Inner Negotiation Workshop (two-days)
- MMS Inner Negotiation Workshop Review (one-day)
- MMS Teen Inner Negotiation Workshop (two-days)
- MMS Young People's Inner Negotiation Workshop (two-days)
- MMS Self Empowering Course (six sessions)
- MMS Personal Financial Mastery Course (six sessions)
- MMS The Relationship Course (one-day)
- MMS I Love My Body Course (one-day)

Time Options:

- One-day courses, INW= two-day course, Series = 6 sessions

The ideal Licensees:

- Trainers with marketing expertise and a following
- Therapists with group experience

Who these seminars are for:

- Individuals who want accelerated personal development

Cost Options:

- Whatever the market will bear

Number of Participants:

- 20-40 men and women

Includes CD with the following:

- Seminar PowerPoint slides with trainer notes
- Master workbook for participants

Prerequisite:

Ideally participants would either read *Negaholics* or *If Life is a Game, These are the Rules* or both.

Option IV MMS Corporate Programs

1. MMS Change Management Program
2. MMS Coaching Skills Program
3. MMS Communication and Conflict Management Program
4. MMS Consultative Sales Program
5. MMS Interviewing Skills Program
6. MMS Leadership Training Program
7. MMS Performance Appraisal Program
8. MMS Presentation Skills Program
9. MMS Self-Management Program
10. MMS Stress Management Program
11. MMS Termination and Exit Program
12. MMS Women in Leadership Program

Time Options:

All programs are one-day in length except for Women in Leadership, which is two-days long

The ideal Licensees:

An independent consultant or corporate trainer who wants proven off the shelf programs

Who these seminars are for:

Supervisors and Managers who need to be well trained in a short period of time

Cost Options:

Whatever the trainer's per diem commands

Number of Participants:

- 20-40 men and women

Prerequisite:

Ability to speak and train from the platform

Option V MMS Corporate Processes

1. MMS Customer Satisfaction Process
2. MMS Employee Owned Change™ Process
3. MMS Teambuilding Process

Time Options:

Individually arranged with senior MMS consultant

The ideal Licensees:

An independent consultant or corporate trainer

Who this program is for:

Corporate employees

Cost Options:

Based on per diem, client budget, and market

Number of Participants:

Depends on the organization's needs and wants

Prerequisite: The Corporate Negaholic© book

Option VI MMS Professional Training

1. MMS Coach's Training
2. MMS Advanced Coach's Training
3. The MMS Way

The ideal Licensees:

Someone who has completed the MMS Coach's Training, and has facilitated the CT and has a sphere of influence in their own area

Who these seminars are for:

People who want to be trained as MMS coaches

Cost Options:

Price will vary depending on country, currency, and market.

Number of Participants:

- In 2005 individual arrangements will be made

Prerequisite:

MMS Coach's Training
Facilitating MMS CT
On-the-job training