

What gets in the way of being an effective Coach?

Personal Agendas

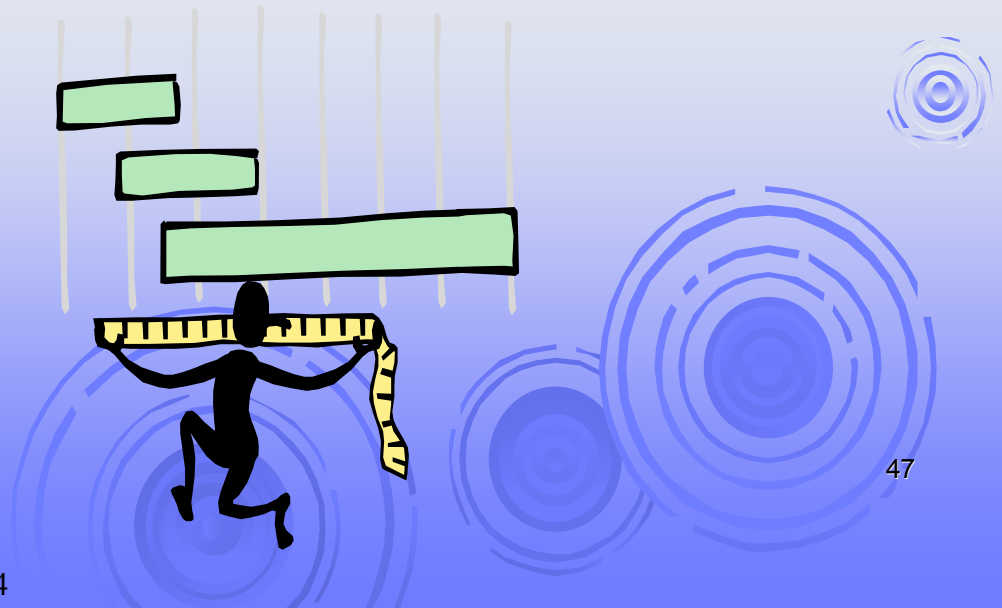
- Needs
- Opinions
- Beliefs
- Expectations
- Ability to trust
- Capacity to risk



What gets in the way of being an effective Coach?

Fear of:

- Looking stupid
- Being “wrong”
- Not knowing the answers
- Doing it “wrong”
- Asking dumb questions



What gets in the way of being an effective Coach?

Ego...wanting to

- Look Good
- Do it “Right”
- “Know”
- “Tell”
- Be “Right”



Various Options

- Not knowing
- Certain

- Knowing
- Uncertain

Not knowing

Uncertain

Knowing

Certain

Caution!

Judgments kill possibilities!



Actions/Attitudes that Prevent You from Actively Listening

- Preoccupation**
- Reliving the past**
- Projecting into the future**
- Rehearsing lines**
- Absorbing information**
- Blocking/closing off to new information**

